

Leaders who Endure

MTS Leaders Training Day 2024



Endurance is a lifelong project

A. Connected with ourselves: Grow in self-awareness

1. Physically

2. Emotionally

3. Spiritually

B. Connected with others: Build healthy relationships

4. Build a support network

5. Grow in relational skills

C. Connected with God: Be secure and free in Jesus

6. Find your identity in Jesus - "What do I need to be okay?"

7. Stand in the streams of God's grace (Psalm 1; Romans 15:4-5)

Pick one area that you can work on this year

But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly about my weaknesses, so that Christ’s power may rest on me. That is why, for Christ’s sake, I delight in weaknesses, in insults, in hardships, in persecutions, in difficulties. For when I am weak, then I am strong.

2 Corinthians 12:9-10

Other resources:

- *Resilient Ministry: What Pastors Told Us About Surviving and Thriving* by Bob Burns, Tasha Chapman and Donald Guthrie
- *Zeal Without Burnout: Seven Keys to Lifelong Ministry of Sustainable Sacrifice* by Christopher Ash
- *Managing Leadership Anxiety: Yours and Theirs* by Steve Cuss
 - Being Human with Steve Cuss Podcast
- *The Reconnected Heart: How Relationships can Help Us Heal* by Jonathan Andrews
- *Emotionally Healthy Spirituality* by Peter Scazzero
- *Dangerous Calling: Confronting the Unique Challenges of Pastoral Ministry* by Paul Tripp
- *Going the Distance: How to Stay Fit for a Lifetime of Ministry* by Peter Brain
- *Growing Yourself Up* by Jenny Brown
- *The Peacemaker: A Biblical Guide to Resolving Personal Conflict* by Ken Sande
- *The Resilient Pastor: Leading Your Church in a Rapidly Changing World* by Glenn Packiam
- *12 Faithful Men: Portraits of Courageous Endurance in Pastoral Ministry* by Colin Hansen
- *12 Faithful Women: Portraits of Steadfast Endurance* by Melissa Kruger
 - <https://www.thegospelcoalition.org/podcasts/tgc-podcast/snapshots-saints-endured/>